



FORRESTER PARK LUNCH MENU

Available every day from 7.30am until 2.30pm

STARTERS/LIGHT DISHES

Herby Plum Tomato Bruschetta topped with one or two poached eggs ~ £4.95 / £6.95

Pan-Fried Chicken Livers on Ciabatta with caramelized onions, Madeira and wholegrain mustard ~ £5.95

Fried Whitebait with tartare sauce and crusty bread ~ £5.95

Home Made Soup of the Day with crusty bread ~ £4.95

Pan Fried King Garlic Prawns with a hint of chilli ~ £6.95

Smoked Mackerel Pate with horseradish cream and toasted Ciabatta ~ £6.50

MAIN COURSES (also available in starter size portions)

Essex Slow-Roast Belly of Pork on a bed of sage mash with fine beans and Aspall cider jus ~ £12.95 (£8.00)

'Posh Fish and Chips': Seabass Fillet in tempura batter, served with chips and peas ~ £12.95 (£7.50)

Crab Risotto, with tomatoes, cream, chilli and parsley ~ £11.95 (£7.50)

Calves' Liver and Bacon with crushed new potatoes, wilted spinach and rich onion gravy ~ £10.95 (£7.00)

Fusilli Pasta with broccoli, fine beans, cherry tomatoes, red onions and Dolcelatte sauce ~ £9.95 (£7.00)

Sweet Chilli Chicken and Vegetable Stir Fry with noodles ~ £8.25 (£6.00)

Hunters Chicken, topped with bacon, BBQ sauce and cheese, served with chips and peas ~ £11.95 (£7.50)

Wild Boar Sausages served with mashed potato, peas and red onion gravy ~ £10.50 (£6.50)

Quarter Pounder Cheeseburger, served in a bun with chips and side salad ~ £5.95

Half pound steak burger in a brioche bun with red onion chutney, onion rings and chips ~ £8.95

Three-Egg Omelette cooked to order with your choice of filling, served with a side salad ~ £6.95

Traditional Home-Cooked Ham, Double Egg and Chips ~ £8.25

Filled Jacket Potato with Mixed Salad with a choice of fillings ~ £6.95

DESSERTS - PLEASE SEE OUR DESSERT MENU

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